



**AMBEDKAR COLLEGE OF
ARTS & SCIENCE, WANDOOR**

WOMEN DEVELOPMENT CELL

2024 - 2025



Coordinators

Ms.Naseera MK
HOD, Department of English

Ms.Bijina K
Department of Journalism

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Awareness Programme On **MENSTRUAL HYGIENE**

An awareness programme on menstrual hygiene was organized with the aim of educating students about menstrual health, proper hygiene practices, and addressing the stigma surrounding menstruation. The session was conducted by the Women Development Cell of the College, with Sunitha K, Nursing Officer at Taluk Hospital, Wandoor, leading the discussion. The event focused on informing students about the significance of maintaining menstrual hygiene for overall health and well-being.



Awareness programme on

MENSTRUAL HYGIENE

Organised by



Women Development Cell
Ambedkar College of Arts &
Science, Wandoor



Resource Person

Sunitha K
Nursing Officer
TH Wandoor

31 January
2025

Time: 2:00 PM
Venue : Seminar Hall



Awareness Programme on **DOWRY SYSTEM & CHILD MARRIAGE**

The Women Development Cell of the college organized an awareness class on the social issues of Dowry System and Child Marriage. The session was presided over by Adv. Chithra. During the class, she emphasized the legal perspectives regarding the dowry system, highlighting the strict laws that prohibit it. She discussed the various forms of punishment for those involved in dowry-related offenses and explained how dowry-related cases can be legally pursued. Additionally, she touched upon the POCSO Act, stressing its importance in safeguarding children from exploitation.

To reinforce the message, the students took a solemn pledge, led by the community counselor, Athira, to actively oppose the dowry system and work towards its eradication. .



Women Development Cell



**AMBEDKAR COLLEGE OF
ARTS & SCIENCE, WANDOOR**



Awareness class on **DOWRY
SYSTEM & CHILD MARRIAGE**



**DISTRICT LEGAL SERVICE AUTHORITY, MANJERI
THALUK LEGAL SERVICE COMMITTEE, NILAMBUR**

Resource Person



Adv. Chithra

Time: 1.30 pm
Venue: Seminar hall

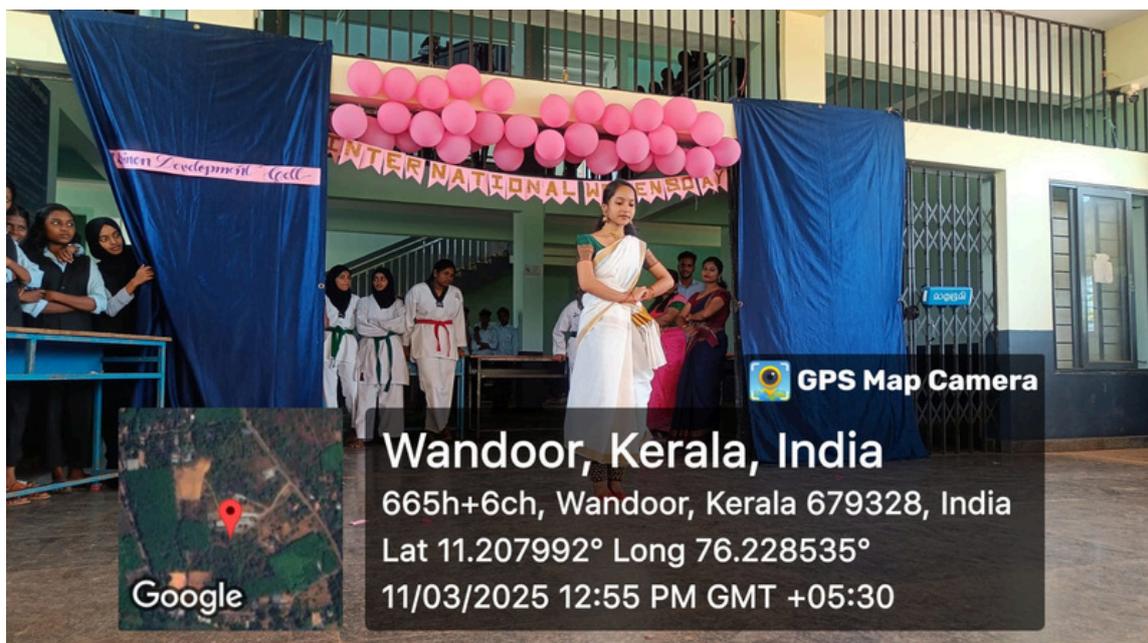
18 February
2025



A Fusion Showcase

CELEBRATION OF DANCE & MARTIAL ARTS

The Fusion Showcase was a unique event held at Ambedkar College to celebrate International Women's Day, organized by the college's Women Development Cell. The event creatively combined elements of dance and martial arts, offering a vibrant display of artistic expression and strength. The showcase featured a series of performances where participants blended traditional dance forms with martial arts techniques, highlighting the power and grace of women. The performances symbolized the strength and resilience of women, paying tribute to the spirit of empowerment that International Women's Day represents.





**AMBEDKAR COLLEGE OF
ARTS & SCIENCE, WANDOOR**

Women Development Cell

presents

Fusion Showcase

In celebration of

International Women's Day



11 March
2025

Time : 12.45 pm
Venue : Open stage



Self-defence Training Programme

BE PREPARED, NOT SCARED

A self-defense training programme “Be Prepared Not Scared” was conducted at college in association with the Women Development Cell and the NSS unit, organized by the District Police of Malappuram. The event aimed to empower women with essential self-defense skills, ensuring their safety and confidence in everyday life.



The program was officially inaugurated by A Deepakumar, Inspector of Police, Wandoor who emphasized the importance of safety and self-

defense in today's society. During the session, participants were trained by experienced officers, including V J Sonia Mable, Assistant Sub Inspector of Police; K Valsala, Assistant Sub Inspector of Police; and K C Sinimol, Senior Civil Police Officer.

These experts guided the participants through various defensive techniques and shared valuable tips on handling potential threats. The program was well-received by students, and it successfully created awareness about self-defense while providing practical knowledge to help individuals protect themselves in dangerous situations .

 **AMBEDKAR COLLEGE OF ARTS & SCIENCE, WANDOOR**

DISTRICT POLICE MALAPPURAM
In association with
Women Development Cell & National Service Scheme

Inauguration


A DEEPAKUMAR
Inspector of Police
Wandoor

presents

BE PREPARED NOT SCARED

Self Defense Training

Master Trainers


V J SONIA MABLE,
Asst Sub Inspector


K VALSALA
Asst. Sub Inspector
Team Leader


KC SINIMOL
Senior Civil Police Officer

20 March 2025 | Time: 10 am
Venue: Seminar hall



MEHNDI FIESTA 2K25

The Women Development Cell (WDC), in collaboration with the College Student Union, successfully hosted a vibrant and creative Mehndi competition titled "Mehndi Fiesta" as part of the celebrations for Eid ul-Fitr on 28th March 2025. The event aimed to celebrate cultural heritage, foster artistic expression, and highlight the beauty of the traditional art of henna application. The competition attracted enthusiastic participation from students, with many showcasing their skills in intricate and unique Mehndi designs.



WOMEN DEVELOPMENT CELL
In Association With
College Student Union

Mehndi Fiesta

March 28 Time: 12 PM
2025 Venue: Seminar Hall

Scan here for
registration



**AMBEDKAR COLLEGE OF
ARTS & SCIENCE, WANDOOR**



Winners

WOMEN DEVELOPMENT CELL
In Association With
College Student Union

Mehndi Fiesta

WINNERS



1
SANIYA & SILSHA
2nd Year B.Com



2
RIYA AND RISHWANA
2nd Year Maths



2
HIBA & NAJIYA
2nd Year Economics



AMBEDKAR COLLEGE OF
ARTS & SCIENCE, WANDOOR



GALLERY

